

الدعوات النبوية لتزكية النفس

Prophetic Supplications for the Purification of the Inner Self

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ طَهِّرْ قَلْبِي مِنَ النِّفَاقِ وَعَمَلِي مِنَ الرِّيَاءِ وَلِسَانِي مِنَ الْكُذِبِ وَعَيْنِي مِنَ
الْخِيَانَةِ فَإِنَّكَ تَعْلَمُ خَائِنَةَ الْأَعْيُنِ وَمَا تُخْفِي الصُّدُورُ

نواود الاصول

O Allāh, purify my heart from hypocrisy, my actions from show, my tongue from lying and my eyes from treachery! Verily You are the One Who Knows of the eye's treachery and all the thoughts which are hidden in the heart!

Benefit: This supplication of the Messenger of Allāh ﷺ is for virtuousness and purity of the heart.

اللَّهُمَّ اجْعَلْنِي مِنَ الَّذِينَ إِذَا أَحْسَنُوا اسْتَبَشَرُوا وَإِذَا أَسَاءُوا اسْتَغْفَرُوا

O Allāh, make me amongst those servants who, when they do good [deeds, actions], they feel good [thank Allāh] and when they do wrong [bad, evil deeds, sins], they ask for forgiveness [repent].

Note: The above supplication of the Messenger of Allāh ﷺ should be the condition of the believers.

اللَّهُمَّ اجْعَلْنِي صَبُورًا وَاجْعَلْنِي شُكُورًا وَاجْعَلْنِي فِي عَيْنِي صَغِيرًا وَفِي أَعْيُنِ النَّاسِ

كَبِيرًا
مسند بزار

O Allāh, make me a patient servant, make me a thankful servant, make me insignificant in my own eyes and significant in the eyes of the people [humility].

اللَّهُمَّ الْهِنِّي رُشْدِي وَأَعِزَّنِي مِنْ شَرِّ نَفْسِي

الترمذى والنسائى

O Allāh, guide me on the right affairs and save me from the evils of my soul.

يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ الترمذى ونسائى وغيره

O Changer of Hearts, make my heart steadfast upon Your dîn [religion].

اللَّهُمَّ مُصَرِّفَ الْقُلُوبِ صَرِّفْ قُلُوبَنَا إِلَى طَاعَتِكَ مسلم ونسائى

O Allah, the One that Controls the Hearts, turn our hearts towards your obedience.

Benefit: This duā is for the safety of the heart, because surely Allāh is in control of it.

اللَّهُمَّ إِنَّا نَسْأَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ نَبِيُّكَ (سَيِّدُنَا) مُحَمَّدٌ صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ
وَ سَلَّمَ وَ نَعُوذُ بِكَ مِنْ شَرِّ مَا اسْتَعَاذَ مِنْهُ نَبِيُّكَ (سَيِّدُنَا) مُحَمَّدٌ صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَ

آلِهِ وَ سَلَّمَ وَأَنْتَ الْمُسْتَعَانُ وَعَلَيْكَ الْبَلَاءُ وَ لَا حَوْلَ وَ لَا قُوَّةَ إِلَّا بِاللَّهِ الترمذى

O Allāh, I ask for all the good things which Your Beloved Prophet [our Master] Muhammad ﷺ asked for and I seek refuge from all the evil things which Your Beloved Prophet [our Master] Muhammad ﷺ sought refuge from. You are the One from Whom Help is Sought. It is upon You to accomplish our prayers. There is no strength [to do good] nor power [to refrain from evil] except with Allāh.

اللَّهُمَّ إِنَّا نَسْأَلُكَ قُلُوبًا أَوْاهَةً مُخْبِتَةً فِي سَبِيلِكَ مسندك حاكم

O Allāh, we ask You for a heart that sighs to You much, humbly begs from You much and turns penitently in Your path.

Benefit: There are many virtues of the qualities of the heart requested in this du'ā.

اللَّهُمَّ قِنِي شَرَّ نَفْسِي وَ اعْزِمْ لِي عَلَى أَرْشَادِ أَمْرِي ابن حبان

O Allāh, protect me from the evil of my own self and grant me the strength to do works related to my guidance.

Benefit: This du'ā is ideal for protection from the evil of the inner self and for right guidance.

اللَّهُمَّ افْتَحْ مَسَامِعَ قَلْبِي لِذِكْرِكَ وَ ارْزُقْنِي طَاعَتَكَ وَ طَاعَةَ رَسُولِكَ وَ عَمَلًا بِكِتَابِكَ معجم اوسط

O Allāh, open the ears of my heart for Your remembrance, grant me obedience to You and Your Messenger ﷺ and enable me to act according to Your book.

Benefit: This prophetic supplication is for tawfiq[God given ability] of dhikr and obedience.

اللَّهُمَّ افْتَحْ أَقْفَالَ قُلُوبِنَا بِذِكْرِكَ وَآتِمِّمْ عَلَيْنَا نِعْمَتَكَ وَاسْبِغْ عَلَيْنَا مِنْ فَضْلِكَ وَ

اجْعَلْنَا مِنْ عِبَادِكَ الصَّالِحِينَ ابن السني

O Allāh, open the locks of our hearts by Your remembrance, complete Your blessings upon us, grant us Your utmost Generosity and make us from among Your righteous servants.

Benefit: The Messenger of Allāh ﷺ advised recitation of this supplication when the muadhīn starts the adhān [call to prayer].

اللَّهُمَّ اجْعَلْ سَرِيرَتِي خَيْرًا مِّنْ عَلَانِيَتِي وَاجْعَلْ عَلَانِيَتِي صَالِحَةً الترمذی

O Allāh, make my inner self better than my outer self and make my outer self good as well.

"اللَّهُمَّ أَرِنَا الْحَقَّ حَقًّا وَارْزُقْنَا اتِّبَاعَهُ وَارِنَا الْبَاطِلَ بَاطِلًا وَارْزُقْنَا اجْتِنَابَهُ

ابن كثير في تفسيره (سورة البقرة آية ١١٣) وزاد فيه " ولا تجعله ملتبسا علينا ففضل واجعلنا للمتقين اماما " و ذكره البهوتي في كتابه شرح

- الإردادات (٣/٢٩٤) هذا دعاء مأثور عن عمر رضي الله عنه منتهى

O Allāh, show me the truth [Haqq] and enable me to follow it and show me falsehood and enable me avoid it [stay away from it]!

[a supplication transmitted from 'Umar ibn-ul-Khaṭṭāb رضي الله عنه]

Imam at-Tirmidhī رحمته الله reports from Sayyidinā Abu Bakr aṣ-Ṣiddīq رضي الله عنه that the Holy Prophet ﷺ once mentioned shirk by saying:

"هُوَ فِيكُمْ أَخْفَى مِنْ دَبِيبِ النَّمْلِ [it is right there in you more stealthily than the soundless movement of an ant]". Then he added, "I tell you something which, if you do, you will remain safe against all sorts of shirk, major and minor [riyā']. Make this prayer (du'ā') three times everyday;

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أُشْرِكَ بِكَ وَأَنَا أَعْلَمُ وَأَسْتَغْفِرُكَ لِمَا لَا أَعْلَمُ

[O Allāh, I seek refuge with You lest I associate a partner with You while I know and I seek forgiveness from You for what I do not know]."

[taken from Ma'āriful-Qurān English version Vol.5 surat-ul-Kahf pg.685]

قَدْ أَفْلَحَ مَنْ تَزَكَّى